

## NEWS & INSIGHTS

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### LIGHTFOOT'S WOLF HOSTS EIGHTH ANNUAL WOMEN'S EVENT

July 22, 2024

The Women of Lightfoot, Franklin & White LLC (WOLF) hosted the firm's eighth annual summer women's networking event on July 17, titled **"Power Play."** This year's interactive workshop was led by Dr. Rachel Fry of Rachel Fry Consulting. As a consulting psychologist, Fry focuses on empowering female business leaders to pursue personal and professional success.

Together, attendees explored the art of breaking barriers and overcoming obstacles, crafting a compelling story and building connections as a high-achieving woman. Fry also provided practical tips for participants to take their careers even further while prioritizing their well-being.

"It is a rich and informative time each year when we gather together successful, driven women professionals from across Birmingham for an evening of learning and togetherness," said Lightfoot managing partner **Melody H. Eagan**. "We were thrilled by the response to this event and awed at the talented women who drive business in Birmingham."

The term WOLF was coined when there were only a handful of female attorneys at Lightfoot, but they were empowered by a firm culture that promoted authenticity and allowed them to form a rare internal bond. Currently, Lightfoot boasts a remarkable group of female lawyers and firm leaders, and while each is outstanding in her own way, the group thrives on its collective strength, giving credence to its enduring name.